

What to Do if Confronted by an Agitated or Aggressive Person

Confrontations can occur without provocation, through no fault of your own. When such confrontations do occur, there are some actions you can take to help keep you safe.

1. **Remain as calm as possible.** This will not be easy if you are confronted, but it is your first step towards an escape. Attempt to remove yourself from the confrontation. Your own initiative and clear thinking are your best defenses in this regard.
2. **Report the incident.** Call the police immediately and report what has happened. Do not delay in reporting. If you are calling from an “on-campus” telephone, dial 2-2222 to be connected to BYU Dispatch. If you are calling from an “off-campus” or cell phone, dial 911. If you are near an on-campus emergency blue phone, press the red button and you will be connected with BYU Dispatch.
3. **Provide the police with a detailed description.** Try to notice details about the perpetrator(s) such as clothing description, color of skin, color and style of hair, and speech. How tall the perpetrator is and how much do they weigh.
4. **If a vehicle is involved,** try to note the vehicle’s license plate number or the vehicle’s make, model and color.
5. **See support after the incident.** Victims of incidents of confrontation and assault can benefit from support services after a conflict. The University has many resources available to you.